

SPORTSPLUS+

Deadline for club news: 9am Monday

CARRIGTWOHILL UNITED AFC

CUFC Academy win prestigious award

LAST Saturday evening, the Carrigtwohill United Academy were awarded the June Carrigtwohill Sports Star and Community Award. The award is presented monthly to a person or organisation that has excelled in the sporting or community arena and is a coveted award.

The CUFC academy was started in 2010 with Stephen Moore as Academy Co-ordinator.

The first year had a total of 44 boys spread between under 8, 9 and 10. From the outset the training was focused on the players and every effort was made to run the sessions in a professional manner following the FAI guidelines on player development.

It is a testament to this approach that nearly half of these boys still play competitively for CUFC today – quite a high proportion in kids of this age.

Over the years, the Academy continued to develop with Fred Adam taking the reins in 2014 with the numbers now reaching 77 and a waiting list now employed to cater for the demand with the resources available.

Today, the Academy is the driving force behind the club with a membership of 134 boys and girls last season. They train on Monday evenings and it is refreshing to see the huge numbers of players and coaches and the efficient manner the Academy is run.

Current Co-ordinator Reamonn Walsh is ably assisted by a crew of 27 coaches. CUFC has initiated a coach development program in association with LAYA



Awards Committee Chairman John McCann and Committee member Leo Spratt, make the presentation to CUFC Academy Co-ordinator Reamonn Walsh

Healthcare. Under this program, 14 of the academy coaches have completed the FAI Kick Start 1 coaching course within the past 12 months. Academy coaches have also completed Child Welfare Awareness training and Garda Vetting.

It is not all soccer either - The boys and girls of the Academy enjoyed a surprise visit from Santa before Christmas, with everyone going home with a present and a smile on their face and here was also a surprise visit from Cork City FC goalkeeper, Mark McNulty.

There was a large attendance at the Academy Easter Soccer Camp and many of the kids took part in the St Patrick's Day parade a few days earlier and Summer Soccer Camp is being organised for August 8th to 11th.

The end of year Academy Blitz at the end of May was a big event for the club,

coaches, kids and parents. Despite the threatening thunder storm, loads of fun & enjoyment was had by all the kids, each going away with their end-of-year certificate and a specially commissioned CUFC Euro 2016 Tee-shirt.

Parents were also able to enjoy the occasion and the refreshments available. The event was a great success, due to all the effort put in by all the coaches and the many parents who helped out.

The Tee-shirts have been evident around the village throughout the summer, in particular at the Belgium Bash event at the Community Centre when CUFC put on a public viewing of the Ireland vs. Belgium Euro 2016 match.

The Academy is an integral part of CUFC, both in the development of our young players and our coaches alike.

The Academy is all about involvement - allowing all young boys and girls of the community an opportunity to be involved in sport, in a safe and supportive environment.

Games at this level are non-competitive and about involvement rather than results, an ethos strongly supported by the club and all the coaches involved.

The CUAFC Academy is committed to the community and functions so well due to the involvement of the kids, coaches, parents and supporters from our community. The Academy is kindly sponsored by Carrigtwohill Pharmacy.

The club would like to thank Reamonn and his crew for their work in running the Academy and this Award is due recognition of their efforts in development of the kids in Carrigtwohill – Well done all!

Castlemartyr

GAA

Main sponsor: Pat Shortt's Bar

INTERMEDIATE HURLING

SEVEN weeks after our first round win over Milford our Intermediate Hurlers were back in Championship action again last Saturday night. It was the much anticipated East Cork derby match against Aghada in Killeagh.

Although the conditions were perfect for hurling it was a night that what could go wrong did go wrong for the Reds. Due to injury we went into the game down a couple of big players but the starting 15 still looked a very strong side.

Things started to go wrong from the off when midfielder Peter Horgan was forced off with injury in the first minute of the game. He was joined in the sidelines by Niall O'Donovan 15 minutes later so 15 minutes into this game we had lost both of our midfielders to injury.

On the score board things didn't look too good either. 3 Brian Lawton points, 3 Brian Smiddy points and a point from Eddie Clifford saw us going in at half time trailing Aghada 1-11 to 0-07.

Although we have come back from bigger margins in the second half we got off to the worst possible start when within a minute of the restart of the second half a mix up in the Castlemartyr defence saw Aghada raise the green flag for the second time. Further points from Brian Smiddy and Brian O Tuama was as good as it was going to get before we entered our worst patch in this game. Aghada rattled off 7 points without reply before Brian Lawton scored our only goal of the game. At this stage it was over as a contest. Aghada pointed again before Brian Lawton scot the last score of the game, pointing with the last puck of the ball.

A very disappointing night for the Reds as we were well beaten by a far better Aghada side , 2-19 to 1-10.

However, all hope is not lost as we now go into Round 3 of the Championship against Douglas where much improvement is needed and expected if we are to progress any further in this year's Championship. The match will be played on July 29th with a venue yet to be announced.

Castlemartyr Team: J. Smiddy, O. Smiddy, E. Ronayne, C. Martin, J. Stack, A. Bowens (Cpt.), J. Lawton, P. Horgan (D. Bowens), N. O'Donovan (C. Bowens), B. O Tuama (1), B. Lawton (1-04), B. Smiddy (4), C. Haines, E. Clifford (1), L. Martin.



Some of the CUFC Coaches celebrate - back row, Pat Dolan, John McCann, Reamonn Walsh, Leo Spratt and John O'Keeffe. Front row, Ian Kenny, Ivan O'Riordan and Philip Barry